

Bellevue School District Athletic/Activity Substance Use Policy for Newport, Interlake, Sammamish, and Bellevue High Schools

Philosophy and Purpose

The Bellevue high school communities are committed to promoting the well-being, personal development and successful performance of all high school students. This policy is designed to help students in athletics and other leadership roles demonstrate their non-use of harmful substances. These students are asked to set an example for all students to promote a school atmosphere free from harmful drug use.

Substance Use Policy

Students will abstain from possessing, using, buying, consuming, selling or giving away any non-prescription, illegal substance including legend drugs, anabolic steroids, alcoholic beverages, or any tobacco product.

Definition of Participants

This policy applies to students involved in all interscholastic athletics and activities. These include lacrosse, badminton, drill team, debate, leadership class, dance squad, color guard, water polo, Natural Helpers, cheer squad, ASB and class offices, and any other activity or group that is approved by ASB, including after-school music and drama performance activities that may be part of an extra curricular offering. The students whose extra-curricular offerings are connected to a classroom offering such as music and drama will be allowed to attend class sessions.

The policy applies from the time of establishment of eligibility and continues through the end of the season of participation. The steps of the policy will be cumulatively applicable throughout a given year as a student participates in any number of sports or activities that fall under the policy. Consequences may carry over into the next season or year in which the student participates. Example: Should a participant be unable to complete a suspension during the season in which the violation occurred, the suspension shall be carried over into the participant's succeeding season of participation.

Policy Step Procedures

- Step 1

If there is reasonable belief that a student violated the policy, the violation is to be reported to a building administrator and/or athletic director who will schedule a conference with the student, parent/guardian, and coach/advisor. If it is verified that the student has violated this policy, the student will be excluded from participating in sports/activities for two calendar weeks. The student must complete a professional assessment through an appropriate agency. Recommendations will be given to the parent and shared with the school administration. Students will be required to follow assessment recommendations as a condition for reinstatement at the end of the two-week suspension. Student/parent will attend next District ADIS (Alcohol and Drug Information School) class.

A record of the Step 1 violation and process will be filed with the activities/athletic director. Bellevue School District and individual high school policies may also be applied if the violation occurred on school grounds or at a school activity. Students may be suspended from a class, classes, or school if their presence would cause the risk of disruption to the educational process or the threat of danger to others.

- Step 2

Verification of a second violation of this policy may result in exclusion from sports and activities listed above for the remainder of the academic semester or sports/activities season.

- Step 3

Verification of further violation of this policy may result in suspension from sports/activities listed above for the remainder of the academic school year.

Communication of the Policy and Procedure

At the beginning of each season/activity, the coach/advisor will review this policy at a meeting for participants and parent/guardians. Parents will be required to attend only one meeting per academic year. Students may not participate until it is verified that the policy has been communicated to parent/guardian. Parent and student signatures are required before participation.

Bellevue School District Athletic/Activity Substance Use Policy Acknowledgement — Newport High School

Student Name (Print): _____

Athletic/Activity: _____

I have read and understand the Bellevue School District Athletic/Activity Substance Use Policy for Newport High School.

Student Signature: _____ **Date:** _____

I acknowledge receiving a copy of the Bellevue School District Athletic/Activity Substance Use Policy for Newport High School. I have read it and understand it.

Parent/Guardian Signature: _____ **Date:** _____